



Freedom's Run



Middle School RUNNING CAMP

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HOSTED BY FREEDOM'S RUN & DR. MARK CUCUZZELLA

Who: 10 - 14 year olds, and Middle School Coaches (free)!

Where: Morgan Academy,
Shepherdstown, WV

When: July 10th - 13th. That's a Monday – Thursday

Time of camp: 9:00am - 12: 00pm (Mon – Wed); 4:30pm—8:00pm (Thurs)

Cost: \$50 per student

Kids (& coaches) will learn to build the foundation of healthy running in a fun environment through the use of nature, games, state of the art running tools, and whole foods! If you love to play outside, run, make new friends, and have fun, then Freedom's Run's Camp River Runner is the place for you.



For Registration

Please go to: www.freedomrun.org or contact Katie@freedomrun.org