



# Freedom's Run



## Middle School RUNNING CAMP

**C  
A  
M  
P**

### HOSTED BY FREEDOM'S RUN & DR. MARK CUCUZZELLA

**Who:** 10 - 14 year olds, and Middle School Coaches (free)!

**Where:** Morgan Academy,  
Shepherdstown, WV

**When:** July 10th - 13th. That's a Monday – Thursday

**Time of camp:** 9:00am - 12: 00pm (Mon – Wed); 4:30pm—8:00pm (Thurs)

**Cost:** \$40 per student (prices increase May 15)

**Kids (& coaches)** will learn to build the foundation of healthy running in a fun environment through the use of nature, games, state of the art running tools, and whole foods! If you love to play outside, run, make new friends, and have fun, then Freedom's Run's Camp River Runner is the place for you.



**For Registration**

Please go to: [www.freedomrun.org](http://www.freedomrun.org) or contact [Katie@freedomrun.org](mailto:Katie@freedomrun.org)