# FREEDOM'S RUN - MARATHON INFO

#### MARATHON

#### Race Description

- Type: Point-to-point, Boston Qualifier; see web site (freedomsrun.org) for course details
- Start time: 7:30am
- Cutoff: 2:00pm (see more info below)
- Start: Cavalier Heights / Harpers Ferry National Park Visitor's Center, Harpers Ferry, WV
- End: Ram Stadium, Shepherd University, Shepherdstown, WV
- Early Packet Pick up: Friday before Race Day, 2pm-8pm at Student Center next to Midway Field
- Race Day Bib Pickup: at Start in Harpers Ferry 6am until start

#### **Parking Options**

- Shepherd University "A" Lot Across from White Hall 110 East High Street
- Shepherd University "B" Lot Parking Lot north adjacent to "A" Lot
- Cavalier Heights / Harpers Ferry National Park Visitor's Center (race start line) 171 Shoreline Drive, Harpers Ferry, WV. Please park in the FAR BACK CORNER.

#### Shuttles (to Start Line in Harpers Ferry before AND after race)

When	Pickup Location	Time	Notes	
Before Race	Shepherd University Student Center	5:45am	Multiple buses departing	
	210 N King St, Shepherdstown, WV 25443		at 6am SHARP	
Before Race	Clarion Hotel (front entrance)	5:45am	ONE bus departing at 6am	
	233 Lowe Dr, Shepherdstown, WV		SHARP for hotel guests	
After Race	C Lot – Parking lot adjacent to the Stadium	10:30am	Drop-offs:	
	and Midway Field	through 2:30pm	Shepherd Wellness Ctr.	
	164 Shepherd Grade Rd, Shepherdstown, WV		Clarion Hotel	
			Start line, Harpers Ferry	

<sup>\*</sup>Note there will be 2 shuttle services post race, Local shuttle and Harpers Ferry Shuttles. Check with your driver to ensure correct final destination

#### Bag Drop

- Put your bib number on the bag to assist with sorting at finish line
- Drop bag at start line in Harpers Ferry (they will be transported to finish line in Shepherdstown)
- Pick up bag at finish line (Ram Stadium)

### Hydration/Fuel/Aid Stations

Mile	Location	Offerings	Mile	Location	Offerings
2.0	Harpers Ferry	Water	18.0	Branch Ave	Water/Gatorade
4.5	Harpers Ferry	Water/Gatorade	20.0	Cornfield	Water/ Oranges
8.0	Dargan Boat Ramp	Water/Gatorade/GEL	21.5	Antietam NB Visit. Ctr.	Water/Gatorade/GEL
11.5	Limekiln Rd	Water/Gatorade	23.0	Sharpsburg Train Stn.	Water/Gatorade
15.0	Miller's Sawmill Rd	Water/Gatorade/GEL	FINISH	Finish – Ram Stadium	Food/Water/Beer*

• Gatorade flavor: lemon/lime; **GEL**: Gu;

<sup>\*</sup>For participants 21 or older. Please drink responsibly and make use of designated drivers where applicable.

## **Cutoff Information**

- Course will be open until 2pm (6.5 hours after start gun)
- Mile 15 participants arriving at aid station after 11:30am will be given the option to continue or drop out and transported to finish line in Shepherdstown
- Mile 20 participants not arriving at aid station by 12:30pm will have bibs taken; course support will no longer be available